

SOROPTIMIST

Soroptimist International of Hamilton

Hamilton , Montana

Best for Women

Volume 21 Issue No. 7 February 2019

CALENDAR Feb 7 Business mtg. BJ's noon SOLT/Speaker Feb 14 noon mtg at BJ's BOD meeting, Feb 21 noon B.l's Social at the Feb 28 5:30 Edge Awards Cere-Mar 6 5:30 mony at MDMH Mar 14 SOLT/Speaker noon mtg at BJ's BOD mtg, BJ's **Mar 21** noon Mar 28 Social at the Edge noon

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PRESIDENT'S FEBRUARY MESSAGE

One of the primary reasons many of us are Soroptimists is that we enjoy the social aspect of the club: meeting new people, making friends, doing things together. Not only does our club help improve the community but friendships improve your health. Being a Soroptimist is good for you!



As part of the Board's mid-year review I touched basis with many of you to find out the status and progress of all of our committees. It is so impressive what the combined efforts of a group of dedicated women can accomplish.

Our scholarship applications are now in and it's time for our awards committee to read through them all and make those difficult decisions on who should receive each award. Thank you Alida and Awards committee for making this all happen.

And round two of See's! This committee runs as smooth as clockwork from ordering to keeping the trailer stocked and staffed. At Christmas we had members working 8 – 10 shifts a piece. We need to better spread this workload out between all members. Please, if you haven't signed up for a shift yet, volunteer!

And El Chocolaté is in the heat of planning for our big April event. It's a lot of work but it sounds like Patti and her committee are making it happen. Patti has asked the club to help out so I challenge you all to listen to her updates and pick something YOU can do to assist.

Our fundraising group is working on a celebration event. Options is hoping for a fall event with a dynamite speaker and a catchy title designed to pull in women throughout the valley. Trafficking committee is hoping to begin a series of local seminars. Even Sclub is looking to morph and change to meet the interests of young girls in the valley. Stay tuned for more information on these committees!

Friendships enrich your life and improve your health. Friends can help you celebrate good times and provide support during bad times. Friends prevent loneliness and give you a chance to offer needed companionship. Friends can also:

- Increase your sense of belonging and purpose.
- Boost your happiness and reduce your stress.
- Improve your self-confidence and self-worth.
- Help you cope with traumas, such as divorce, serious illness, job loss or the death of a loved one.
- Encourage you to change or avoid unhealthy lifestyle habits, such as excessive drinking or lack of exercise.

President Sue Mac

Soroptimist International of Hamilton

Annual Jewelry Raffle

Drawing April 25, 2019

Prize: Pendant & Earrings — Value \$650.00 Yogo Sapphires, 14 Karat Gold

Tickets \$10 Each or 3/\$25

Must Be 21 to Play — Need not be present to Win



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Drawing will be at the Soroptimist

An Evening Wrapped in Chocolate April 25, 2019

The tickets for the raffle are here for distribution!! I will be handing them out at our meetings. If you cannot attend, please let me know and I will make sure I get some to you. We are also selling them at the See's Candy trailer during Valentine's and Easter. The announcement of who wins these beautiful pieces of jewelry will be done at the Chocolate Event on the 25th of April.

As in the past, tickets are \$10 a piece or 3/\$25.

Robin

ROCK THIS WORLD

Awards Update

"One woman can make a difference, but together we can rock the world." I love seeing that and the accompanying image scroll across the SIH website. This is quickly followed by pictures of prior scholarship and awards recipients, and then photos of the remarkable SIH women whose passion is to support local women and young girls through these scholarships. I got "hooked" on that passion after receiving the SIH Fellowship Scholarship in 2014, and I knew I wanted to be a part of the amazing organization that so generously supported me in my educational efforts. Four years later, I have had the fortune of working with women from all walks of life, and have been thoroughly blessed in seeing how SIH's support of women and young girls in this community makes such a difference, particularly through the Annual Scholarship and Awards Banquet.

As we closed the application deadline on January 31st, we had 17 applications that the Awards Committee will sort through. The challenge of deciding who receives a scholarship is not always easy, but there is true heartfelt sadness when we have too many highly qualified candidates and we cannot decide on them all. Thanks to the time, energy and generosity of so many, and the fundraising success of See's Candies and the Evening Wrapped in Chocolate, we believe that eventually we will reach a point where we won't have to decide. WOW!! What a wonderful thing to look forward to.

Please mark your calendars for Wednesday, March 6th. The Annual Awards Banquet will once again be in the new conference rooms at Marcus Daly Memorial Hospital. The schedule is: Arrival at 5:30pm with hors d'oeuvres, Dinner from 6:00-6:30pm (Chicken Caesar salads, choice of soup, rolls, cake), and the Award Ceremony from 7:00-8:00pm. We want to see as many SIH members there as possible to greet the phenomenal women and girls that we will make a difference with this year. You will receive an email invitation within the next couple of weeks, so be on the lookout for that.

Thank you all for your support and for your trust in us (the Awards Committee). We appreciate this opportunity to rock this world just a little bit!! Alida Merritt, Elaine Serwacki, Mary Lyn, Saundra Amsden, Vicki Dawson, Sue Smith, Teri Polumsky, and Dixie Dies.

Alida



Dear Wonderful Women in the Hamilton Soroptimist Club,

Thanks SO much for your gift to Becas and here's a smile that tells it all re our appreciation for your caring! This is Irma Yojana Tzoy Caster, 20 years old and she just finished middle school this year with an 82% average. Irma has had many obstacles, both economic and emotional, in the way of her fierce desire to get her middle school and now hopefully her high school degree. She lives outside of Uspantan and has to walk to and from school for 40-50 minutes each way because she can't afford the bus fare. She often studies until 7 pm and then makes her way home. She is SO grateful for this opportunity and is determined to make the most of it. Go, Irma!

Yahoo!!!!

An update from Mary Lou.

I am no longer "house bound". So I can socialize and hope to attend at least one meeting each month.

P/T is daily given by Bruce and Saundra. We all hope I will be in a walker for the Chocolate Event.

Visitors are welcome anytime.

Thank you to all of you that brought lunch and delightful company.

See you soon Love, Mary Lou 544.6845 cell 363.2476 home Some women fall into greatness. It is bestowed upon them by chance and they seize an opportunity. Think about what *Rosa Parks* did, or *Malala Yousafzai*? Both of these women have been one of my featured "Heroes".

Did you know there have been 47 women who took their husbands place in the US

Senate or House after their husband died? It's called "Widows Succession" and was originally intended as a place marker until the next election. However, with the evolving role of women in politics, a number of these women have gone on to build long and distinguished careers in their own right.

Truly one of my heroes is *Katharine Graham* who after her husband's suicide, became the CEO of the Washington Post



newspaper, becoming one of the most powerful women in Washington DC. The struggling newspaper gained national prominence under her leadership and direction when it gained access to and published the Pentagon Papers in 1971, and then reported Watergate Scandal.

She was the first female Fortune 500 CEO.

Her story was very well told in the movie "The Post," and she is the reason I have a subscription to the Washington Post.

Sue Mac

Adopt-a-School

We continue to make a difference in the Ms Jameson's classroom at Corvallis Elementary School. Walking into the class, we are always warmly greeted by the students. Sometimes kids are disappointed when they aren't chosen to work with us in the foyer.

This morning when I arrived at the school around 9 am, it looked unusually quiet. As I



entered the hallway, I was greeted by Liz Jameson to find it was a late start day due to the snow and slick roads. This is always humorous to me as we all know that when we were kids there were no snow days. We trudged through ten feet of snow, five miles one way, uphill both directions, 100° F below zero, and barefoot.

OK, it wasn't really that bad. But I was a bit disappointed that I would not get to work with the kids this morning.

Linda Mass Youth Home Gala, Saturday March 9th It's a great time and we will have a table. Sign ups at February's meetings





See's Candy brought in \$4,534 at Christmas

Feb. 2 Laura Mertins Feb. 14 Alene Tunny Feb. 25 Kathleen Graler Mar. 25 Mar. 28 Syble Solomon Judy Rothie



SAVE THE DATE 101st NWR Conference April 25-28, 2019

Northwestern Region 2019 Conference Skamania Lodge 1131 SW Skamania Lodge Way Stevenson, WA 98648

It is my pleasure to invite you to the 101st Conference of the Northwestern Region Soroptimist International of the Americas to be held April 25-28, 2019 at the beautiful Skamania Lodge is Stevenson, WA. Your meeting team is putting together a conference full of training, sharing and personal growth with plenty of opportunities for fun. There is so much to do in this scenic location. The lodge host a spa, zip lines, hiking trails, golf and so much history. The surrounding areas include Multnomah falls, wineries and breweries, fishing, scenic tours/drives, and of course shopping. Please see the attached fliers to plan your trip.

HOTEL RESERVATIONS To grow stronger together working as one, you need a room to stay in so you and your club members will be well rested for the exciting activities that are planned! Make your hotel reservations **NOW** and take advantage of the group rate that has been negotiated for our conference! **Room Rates:** For single and double occupancy the rate is \$144 per night plus tax and a daily resort fee of \$20 per room. A one night deposit is taken at the time of reservation. Rates are good for two days prior to and two days after the conference based on availability.

Resort fee includes: unlimited free local calls; wireless high speed internet in the guestroom, Gorge room, Cascade Dining room and River Rock Lounge; access to three scenic hiking trails, health club, pool and outdoor hot tub, tennis and basketball court time; bike rentals; free parking; fresh hot coffee.

Deadline: To get this amazing rate, you need to reserve your room before **March 13, 2019**. But why wait, reserve today to guarantee your room. You can even come a day or two early or stay late so you can enjoy the wonderful amenities the lodge spa has to offer as well as the amazing sites to tour for the same great rate. We want everyone attending to have access to these great rates so don't reserve rooms that are not in your name.

DO NOT use a third party travel site as we don't get credit for the room and this has a negative financial impact on the region.

To make hotel reservations call **844-432-4748** mention the group name of Soroptimist International of the Americas, Northwestern Region to receive the discounted rate.

CONFERENCE SPONSORSHIP

To grow stronger together, we need your support! Each year we ask clubs and members to help offset the costs of region conference by being a conference sponsor. This allows us to bring dynamic keynote speakers and activities to our conference. The benefits of sponsorship vary depending on the level you wish to contribute. The levels start at \$250, \$1,000, \$1,300, and \$1900. When you help us grow, you will receive benefits such as:

- Recognition in the program (all levels of contribution)
- Special recognition during the program (for levels \$1000, \$1300, & \$1900)
- Complimentary Tell and Sell table, special seating Friday night for up to 10 (for levels\$1000, \$1300, \$1900)
- Complimentary registration and meal package (1 for \$1000, 2 for \$1300 & \$1900)
- Sponsor reception in the VIP lounge with refreshments (for levels \$1300 & \$1900)
- One double occupancy room for the conference at Skamania lodge (for level \$1900)

Check out the sponsorship levels and please consider being "Growing Stronger Together, Working as One"

Deadline for receipt of sponsorship information is March 18, 2019

We are excited to have Britt Bensen-Steele as our keynote speaker. Britt will be talking to us about taking care of ourselves so that we can help other women and girls. Britt earned a bachelor's degree in exercise physiology and a Master's degree in health education and promotion. She is a yoga instructor that thrives on inspiring and encouraging change, as well as inspiring organizational health. Britt has a diverse background in employee wellness, corporate fitness, breast cancer clinical research and intervention, hospital-based health education, and campus health promotion. She is the author of Pilgrim-Living Your Yoga Life Every Single Day and My Authentic Self: A Journey Through Journal, and co-author of Wise Women Speak. She will also be providing a workshop on Saturday on Stress Management.



ALASKA AIRLINES DISCOUNT CODE

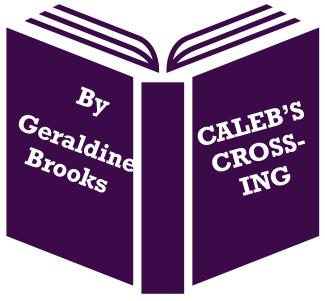
For our Soroptimist team who may be flying into Portland (closest airport to our conference site), we have negotiated a discount with Alaska Airlines.

Please use Discount Code ECM001 when booking your flight at <u>alaskaair.com</u> to receive the discount.

IMPORTANT CONFERENCE DEADLINES

- February 24, 2019 Official Call to Conference will be sent via email blast.
- March 13, 2019 Hotel reservation deadline for the negotiated rate
- March 18, 2019 "Growing Stronger Together, Working as One" conference sponsorship deadline

SOROPTIMIST OF HAMILTON P.O. BOX 1012 HAMILTON, MT 59840



Book Corner

Winter is a wonderful time for some pleasure reading!

Brenda





Submissions to the newsletter can be sent to: mailto:sinewsletter@gmail.com

If you submit to either of the above locations, you are guaranteed it will reach us!